

# Beginner Piano

## Goal and Tracking Sheet

### - Sharps And Flats With Kingsley -

Check off each exercise once you can play it with ease. (Play along with each video, then practice it often over next two days until it's easy!)

Write in your 2-Week dated goal to complete each section.

\*Remember, checking off all the boxes is NOT the real goal.

Learning to *understand* the music, playing often, and having fun makes you a GREAT MUSICIAN. THAT'S our real goal!

<b>Lessons 1-8</b>	
<input type="checkbox"/>	<b>1. Getting Comfortable with the Keys</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>2. Finger Numbers And How To Sit</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>3. Count the Foods</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>4. Foods and Fingers Pt.1</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>5. Foods and Fingers Pt. 2</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>6. Mary Had a Little Lamb - Part 1</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>7. Mary Had a Little Lamb - Part 2</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>8. Pancakes Juice &amp; Hot Sauce!</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	

<b>Lessons 9-16</b>	
<input type="checkbox"/>	<b>9. Finding A B C D E F G - Part 1</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>10. Finding A B C D E F G - Part 2</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>11. Five Note Review With Pancakes</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>12. Fun With Five Notes</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>13. More Fun With Five Notes</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>14. Adding F and G</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>15. Fun With Seven Notes</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>16. Finger Number Fun</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	

<b>Lessons 17-24</b>	
<input type="checkbox"/>	<b>17. Eighths and Dynamics</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>18. Home C Position</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>19. Five Notes Both Hands</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>20. Three Beats to a Measure</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>21. Two Plus One is Three</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>22. The Staff</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	
<input type="checkbox"/>	<b>23. Bass Clef and Left Hand</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	<b>24. Improv!</b>
<input type="checkbox"/>	20-minute practice
<input type="checkbox"/>	20-minute practice
2-Week Goal: _____ (DATE)	